









**East Central Middle School
May 2022
Lunch Menu**



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>BBQ Pork Sandwich Hamburger/Trimmings Entree Salad Mixed Vegetables Tater Tots Peach Slices Fruit Juice Milk</p> 	<p>3</p> <p>Red Beans & Rice with Sausage and Cornbread Chicken Sandwich Entree Salad Southern Greens Buttered New Potatoes Blushing Pears Fruit Juice Milk</p>	<p>4</p> <p>Pizza BBQ Rib Sandwich Entree Salad Buttered Corn Green Beans Orange Smiles Fruit Juice Milk Brownie</p> 	<p>5</p> <p>Sloppy Joe Sandwich Chicken Sandwich Entree Salad French Fries Black Eyed Peas Fresh Grapes Fruit Juice Milk</p>	<p>6</p> <p>BBQ Meatballs and Mac N' Cheese / Yeast Roll Cheeseburger/Trimmings Entree Salad Baked Beans Sweet Potato Casserole Banana Berry Blend Fruit Juice Milk</p>
<p>9</p> <p>BBQ Chicken Sandwich Hamburger/Trimmings Entree Salad Black Eyed Peas French Fries Peach Slices Fruit Juice Milk</p>	<p>10</p> <p>Spaghetti with Meat Sauce and Yeast Roll Chicken Sandwich Entree Salad Glazed Carrots Green Peas Blushing Pears Fruit Juice Milk</p>	<p>11</p> <p>Chicken Nuggets with Roll BBQ Rib Sandwich Entree Salad Mashed Potatoes with Gravy Green Beans Fruity Jell-O Fruit Juice Milk</p>	<p>12</p> <p>Walking Tacos / Southwest Trimmings Chicken Sandwich Entree Salad Garden Salad with Dressing Buttered Corn Fresh Grapes Fruit Juice Milk</p> 	<p>13</p> <p>Corn Dogs Cheeseburger/Trimmings Entree Salad Baked Beans Cheesy Broccoli Banana Berry Blend Fruit Juice Milk</p>
<p>16</p> <p>Glazed Ham with Yeast Roll BBQ Pulled Pork Sandwich Entree Salad Green Beans Sweet Potatoes Chilled Pears Fruit Juice Milk</p>	<p>17</p> <p>Hamburger Steak over Rice and Gravy with Yeast Roll Chicken Quesadilla Entree Salad Buttered Corn Lima Beans Chilled Peaches Fruit Juice Milk</p> 	<p>18</p> <p>Pizza BBQ Rib Sandwich Entree Salad Glazed Carrots Green Peas Fruity Jell-O Fruit Juice Milk</p>	<p>19</p> <p>Roasted Turkey with Gravy and Yeast Roll Hamburger/Trimmings Mashed Potatoes with Gravy Buttered Corn Chilled Pears Fruit Juice Milk</p>	<p>20</p> <p>Chicken Spaghetti with Yeast Roll Ham/Turkey & Cheese Wrap Entree Salad Cheesy Broccoli Refried Beans Banana Berry Blend Fruit Juice Milk</p>
<p>23</p> <p>Chicken and Dumplings Pulled Pork Sandwich Buttered Corn Green Peas Chilled Pears Fruit Juice Milk</p>	<p>24</p> <p>60% Day Sack Lunches: Deli Sandwich Chips Fresh Vegetables Fresh Fruit Fruit Juice Milk</p>			
				

Meal Prices for 2021-2022:

ALL Students - FREE
Adult Breakfast - \$2.00
Adult Lunch - \$3.25
www.myschoolbucks.com



This institution is an equal opportunity provider.

**Jackson County School District
Child Nutrition Department**

School Food that Raises the Standard
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